

## APPLICATION

From

**R.SRIKANTH**  
Yoga Therapist,  
E-mail: yogasrikanth.rk@gmail.com  
Cell: **98947 93419.**

Respected Sir,

[Subject: Conduct **Yoga classes** regarding....]

I came to know that you are giving more preference for Institution welfare activities in your renowned institution. So, I would like to conduct the Yoga classes for your Institution. Here I enclose my further details for your kind perusal, so kindly give me a hap to hilt my Performance.

Thanking You.

Yours Faithfully,

**R.SRIKANTH**  
(Yoga Therapist)

## CURRICULUM VITAE

Name : **R.SRIKANTH**



Qualification : B.C.A  
(Bachelor of Computer Applications)  
  
P.G.D.Y.E  
(Post Graduate Diploma in Yoga Education)

Award Received : **“YOGA BHARATHY”**  
By Tamilnadu State Yoga Sports  
Development Association.

Achievements : Secured **First Prize** in Tamilnadu State  
Yoga Championship.  
  
Secured **First Prize** in Southern Regional  
Yoga Championship.

Teaching Experience : 6 Years.

Enlighten Methods : Basic & Advanced asanas from Ashtanga  
Yoga, Demonstration asanas, combined  
Asanas, Artistic yoga, Pranayama and  
Meditation

Specialized in Balancing asanas, Stress

Management, Improvising Concentration  
for students & in Physical ailments.

### **PERSONAL DETAILS**

Father's Name	P.RAMESH KUMAR.
Address	E-71/28, Duraisamy Road, T.V.S Nagar, Madurai. E-mail: yogasrikanth.rk@gmail.com Cell: 98947 93419
Date of Birth	04/03/1988.
Age	26 yrs.
Sex	Male.
Marital Status	Single.
Nationality	Indian.
Religion	Hindu.
Languages known	Tamil, English, Malayalam and Hindi.
Height	172cms
Weight	63 kg.

### **DECLARATION**

I hereby declare that the above-mentioned information is correct up to my Knowledge and I bear the responsibility for the correctness of the above Mentioned particulars.

Station: Madurai

R.SRIKANTH.

**YOGA PERFORMANCE**



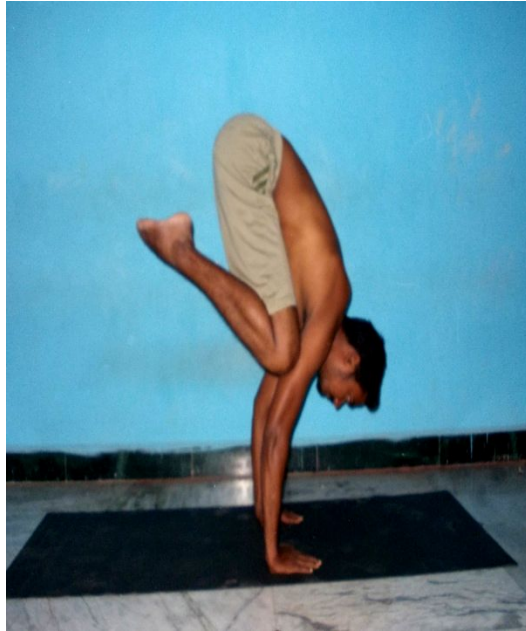


**ASANAS PERFORMANCE**



**Bakasana**

**Eka Pada Sirsasana**



**Mayurasana**

